



NSB Phase 1 Revised Pool Procedures – September 2020

Please do not attend lessons if you or a member of your household is showing ANY symptoms of Covid-19 (a high temperature, a new, continuous cough, a loss or change to your sense of smell or taste) has knowingly been in contact with someone displaying symptoms or have a confirmed case of Covid-19. Remain at home and contact 111 for advice.

Preparing for your Wizards swimming lesson

- To reduce time spent in the changing rooms, swimmers will be asked to arrive “**beach ready**” with swimwear under easy to remove clothing on poolside.
- A kit bag with their towel, swimming hat, goggles (Stage 5+) etc should be provided and will accompany your swimmer onto poolside.
- Showers will not be available at the pool in phase 1 so please, shower your Wizard at home, before and after swimming.
- Changing rooms will be **exit only** (used only after swimming) with reduced maximum occupancy levels.
- Swimmers will be given a 10-minute window to briefly dry, dress and leave the facility. Lots of our swimmers already choose to bring a onesie, dry robe, or poncho towel to go home in after a brief towel dry in the changing rooms. **We ask that all swimmers adopt this where possible to minimise time spent in the changing rooms.**
- Toilets are only available to **swimmers** so please – go before you leave!

To reduce adult interaction and maintain social distancing:

Swimmers under the age of 8 – One Parent/Guardian (no siblings) will be permitted to enter the pool facility and spectate if your Wizard needs assistance changing after their lesson has ended.

Swimmers aged 8 and over – Only swimmers will be admitted into the facility. Unfortunately, no Parents/Guardians will be permitted to enter unless essential and arranged in advance via email.

- Face coverings are **mandatory** for all **adults** and swimmers **over the age of 11** entering the facility (unless medically exempt) and must always be worn. Face coverings for swimmers **under the age of 11** will be **optional**. Swimmers face coverings must be removed during lessons.
- A member of the Water Wizards team will be greeting everyone at the pool entrance so please adhere to social distancing guidelines when queuing to enter and step aside/wait if your entry or exit point is blocked/in use.

Arriving at the pool

- Please arrive no earlier than 10 minutes before the start of your swimmer's lesson.
- Take care to socially distance while parking and exiting your car.
- The entrance to the pool will be marked out with a queuing system for dropping swimmers off and picking swimmers up. Please adhere to social distancing guidelines when queuing to enter/exit and step aside/wait if your entry or exit point is blocked/in use.
- NHS Test and Trace information will be taken and held for 21 days from the date of your visit and only shared with NHS Test and Trace if requested. Please ensure your contact details are up to date.
- If you are accompanying a swimmer **under the age of 8** into the pool your temperature will be checked before entering and you will need your face covering on to enter.
- Remember to use the hand sanitiser stations on entry and periodically throughout your visit.
- If you are dropping off a swimmer – once registered at the entrance, **please return to your car, and wait**. Your swimmer can enter the facility and will be greeted by a member of our team.
- Please remain in your car or leave the school site until 5 minutes before the end of your swimmer's lesson.
- During the pandemic, the entire school site is **off limits** so please **do not congregate** or **wait outside of your car anywhere within the school grounds**.

During your Wizards swimming lesson

Over the first few weeks all swimmers returning to the pool will have a recap on the swimming pool safety rules and water safety information and will not be expected to perform anything too strenuous! This will be a time for teachers and swimmers to reconnect, have some **fun** and **enjoy** being in the pool again.

- Changing rooms will be **exit only** (used only after swimming) so swimmers will be directed to a socially distanced space on poolside where they can change and place all belongings into their kit bag.
- If you are accompanying a swimmer **under the age of 8** the spectator area has been reduced to account for social distancing so please sit at least 2M apart, follow all instructions and remain seated until your swimmer's lesson is over.
- A sanitising station has been provided to allow you to wipe down your seat if you wish.

After your Wizards swimming lessons

- Lesson times have been staggered to help with social distancing and changing room congestion.
- Changing rooms will be monitored by a member of the Water Wizards team to ensure social distancing, swimmer safety and cleaning between sessions is carried out.
- Swimmers exiting lessons will be given a 10-minute window to briefly **dry, dress and leave** the facility.
- Lots of our swimmers already choose to bring a onesie, dry robe, or poncho towel to go home in after a brief towel dry in the changing rooms. **We ask that all swimmers adopt this where possible to minimise time spent in the changing rooms.**
- Showers will not be available in phase 1 so swimmers will need to shower at home.

- If you are accompanying a swimmer **under the age of 8** you will be asked to remove your footwear and directed by a team member to the poolside waiting area to meet your swimmer after their lesson. If required, you will have a 10-minute window to briefly use the changing facilities.
- Please adhere to social distancing guidelines within the changing rooms.

Leaving the facility

- Swimmers will not be permitted to leave until a member of our team can verify your identity so please be ready to collect promptly using the signposted area.
- If you are accompanying a swimmer **under the age of 8** please adhere to social distancing guidelines when exiting the facility and step aside/wait if your exit point is blocked/in use.
- We ask that everyone leaves the facility promptly without chatting or congregating.

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