



Northampton School for Girls (NSG) Information sheet - Version dated February 2026.

Northampton School for Girls  
Spinney Hill Road,  
Northampton  
NN3 6DG

Please take the time to read this entire document in full.

### THE SCHOOL GROUNDS ARE A NO SMOKING/VAPING ZONE

All Parents/Guardians and any visitors you may bring must read our General Terms and Conditions and the full NSG Rules and Regulations before arriving. **This is especially important if you send a guardian/relative in your place. Your attendance at our lessons is acknowledgement and acceptance of our Rules, Terms and Conditions without exception.** You are responsible for the safe supervision of any children you bring at all times. Children should always be under the direct supervision of an adult and never be left unattended.

### ENTRANCE TO THE SCHOOL

Drive/walk into the main school gates. Please arrive **no earlier** than **5 minutes** before the start of your lesson.



Turn left at the Spinney Theatre sign and drive down to the car park.



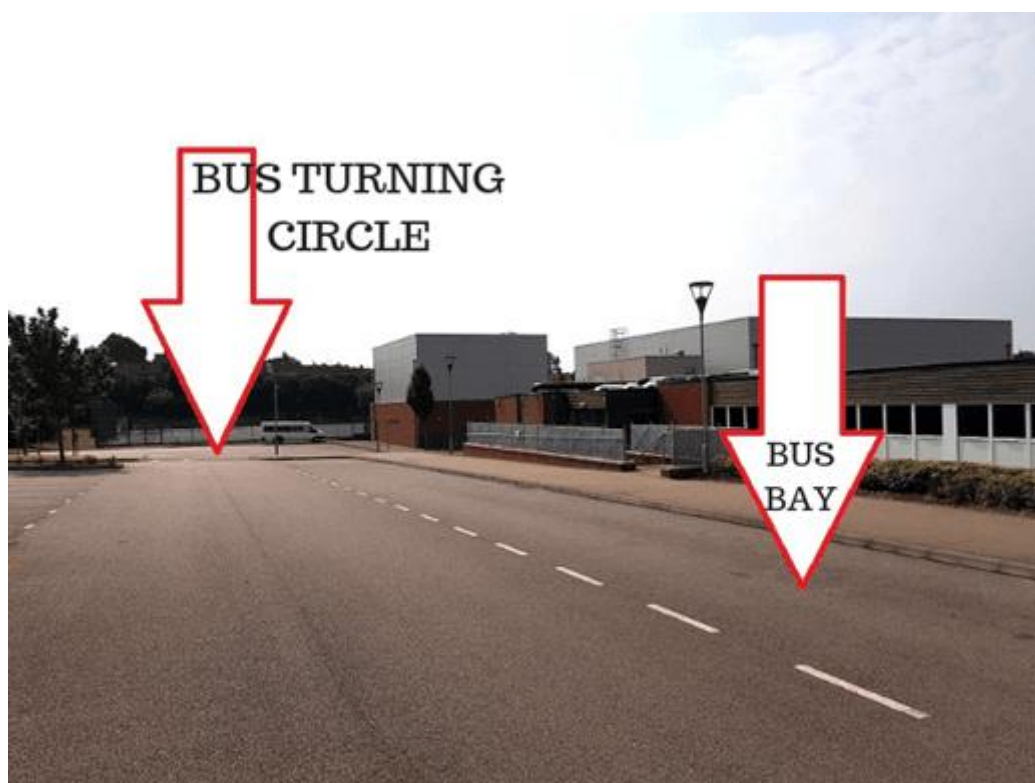


As you drive down you will see the swimming pool on the right. Please note: the pool entrance pictured is not for public use. Follow our instructions below to gain access to the pool building.

#### CAR PARKING

Use the designated car parking spaces outside the pool and the sports hall. **THE SCHOOL HAVE ASKED THAT YOU DO NOT PARK IN THE BUS TURNING CIRCLE OR THE BUS BAYS AT THE FAR END OF THE CAR PARK BEFORE 5.30PM.**

Please be considerate when parking and only use the disabled bays if you have a blue badge.





## ENTRANCE TO THE SWIMMING POOL



Use the set of green gates by the school sports hall and walk down towards the sign post that says "pool". Turn right and continue walking.

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You will see the swimming pool entrance in front of you clearly marked SWIMMING POOL. Please do not attempt to go into any other buildings.



**Stages 3-10 (Yellow, Green, Blue, Purple, Black/Silver Hat)** swimmers will need to arrive “beach ready” with swimwear under easy to remove clothing on poolside. If you are dropping off a swimmer (and not spectating) please remain in your car or leave the school site until 5 minutes before the end of your swimmer’s lesson.

**Red hat swimmers (Stages 1-2)** will need a Parent/Guardian to enter the changing rooms to supervise and help swimmers get changed and then **stay to spectate**.

Once in the foyer area, the girls changing rooms are on the right of the main door as you walk in. The boys changing rooms are opposite. Both changing rooms are clearly marked. No food is allowed at the pool or in the changing areas. **Unfortunately, due to limited space no prams/pushchairs/bikes or scooters are allowed within the pool building including the corridor, changing areas or poolside.**

### **CHANGING ROOMS**

**Everyone must remove outdoor footwear before entering the changing rooms and place them on the racks provided.** You are welcome to bring **clean indoor** flip-flops/sliders/over shoes or any other **non-slip** suitable footwear to change into after removing your outdoor shoes.

**Parents/Guardians must not enter the changing rooms unless their swimmer is:**

- a) Under the age of 8 years or a Red Hat swimmer.
- b) Needs parental help getting changed.

Any swimmer younger than 8 accompanied by a Parent/Guardian should use the changing room which would apply to the adult – e.g. a father helping his 6-year-old daughter would need to use the boys’ changing room and a mother helping her 5-year-old son would need to use the girls changing room. **Swimmers over the age of 8 should get changed independently unless specific help is required by a Parent/Guardian.**

Parents/Guardians supervising their children in the changing rooms are solely responsible for the children they bring before and after their swimming lesson. If any Parent/Guardian is concerned about the welfare or behaviour of any other person in the changing room (child or adult) they should immediately tell a member of the Water Wizards’ Swim School team and not attempt to deal with it themselves.

Please ensure you and your swimmer respect the facility and each other, especially while getting changed.

To protect children from potential harm; **mobile phones are BANNED in the spectator area, corridors and changing rooms.** This is in place to Safeguard children by preventing inappropriate photography and ensuring their privacy. **Repeat offenders’ risk permanent exclusion** so please turn off or leave phones safely elsewhere. We have a NO Photograph/video policy and vigorously enforce it.

**Familiarise yourself with any safety notices, rules, and fire procedures (including fire escapes) on your first visit.**

**CUBICLES ARE FOR CHANGING ONLY. Once your swimmer is changed into their swimwear, you must remove their belongings from the cubicle to allow other swimmers to access it.** We recommend you place belongings into a bag and either hang on a peg within the changing room or bring the bag with you onto the spectator area. **Please do not leave personal belongings in the cubicles during lessons, they are for changing only.**

**Everyone needs to shower/rinse off at the pool before lessons.** This helps to maintain the water quality by removing any dirt, oils, sweat, hair etc and reduces chlorine use.

**Red hat swimmers: once your swimmer is changed, they should have a brief shower and will be met by a teacher at the changing room gates and escorted to their sitting area on poolside.**

**Yellow/Green/Blue/Black hat swimmers: once your swimmer is changed, they should have a brief shower and then walk to their seating area by their lesson.**



**Parents/Guardians are not permitted to wait by or enter poolside via the same gate as swimmers.**

### **WATCHING YOUR SWIMMERS LESSON**

All spectators including Parents/Guardians must enter the spectator area via the main viewing area/poolside door. This means going back out of the changing room into the main corridor:



**The viewing area is cordoned off by a barrier which all spectators must remain behind. Parents/Guardians and siblings are not permitted on poolside at any time, for any reason unless during an emergency.** Seating is extremely limited on poolside. Chairs are filled on a first come, first served basis. If there are no chairs left, spectators must wait outside the building. Due to the school's fire safety rules, **standing is not permitted.**

**The use of mobile phones, tablets, laptops, cameras or any other such devices while attending swimming lessons with Water Wizards Swim School is strictly forbidden on poolside and in the changing rooms.** Our teachers will challenge anyone using such devices and may instruct you to leave. This is to safeguard ALL CHILDREN.

The swimming pool ceiling is very low, this means it can get very noisy in the pool hall if Parents/Guardians are talking loudly. **Please keep conversations at a low level as a noisy viewing area has a massive negative impact on the swimmers learning.** Should the noise levels on the viewing area be overwhelming, a swimming teacher will need to stop their lesson to request the conversation levels drop.

**Any children viewing lessons should always be under the direct supervision of a Parent/Guardian.** Water Wizards Swim School is only responsible for children directly taking part in lessons and no other children at any time. Please ensure your children do not climb and jump over the furniture or barrier and stay within the pool building. The seating is reserved for adult spectators. All children should sit in front of the adults and keep the chairs free.

### **BEFORE YOUR SWIMMERS LESSON**

Depending on what class they are in, when your swimmer comes onto poolside, they will sit at the signposted designated class area. A teacher will give any help/support needed before their lesson including helping with hats, buoyancy aids, woggles etc.

Please make sure your swimmer has the correct logoed Water Wizards swimming hat for their lesson. It's your responsibility to ensure that your child has a swimming hat. **If it's your swimmers first lesson hats will be given out by the class teacher.**

### **>>>> GOGGLES ARE NOT PERMITTED IN STAGES (1-4) <<<<**

### **DURING YOUR SWIMMERS LESSON**

To ensure your swimmer has the best quality lesson we ask that you do not communicate verbally with them or call out to them during their lesson. We encourage you to give thumbs up should they look your way; however, it is important that your swimmer gives their full attention to their teacher and the instructions they are given.

Our normal swimming atmosphere is light and fun with lots of laughter, however, it's possible you may see tears and hesitation, especially if a child is new to swimming and/or has been away from the pool environment for an extended amount of time (lockdown, summer holidays etc). Although it's not nice to see, our teachers are trained (and highly experienced) at helping reassure and encourage even our most nervous swimmers and won't require your assistance unless clearly requested.

**Under no circumstances should Parents/Guardians approach instructors while teaching unless it's an emergency.**

We understand you may have queries and we encourage effective communication; however, it must be done at an appropriate time. Teachers are responsible for the safety of children in their classes and are constantly assessing for danger and will not be able to talk on poolside.

### **AFTER YOUR SWIMMERS LESSON**

Once your swimmer has had their lesson, a teacher/assistant will escort them to the changing rooms. Please ensure that you are in the changing rooms ready to collect your child. For safety reasons, you cannot come onto poolside to meet your swimmer.

If the door to the poolside/the viewing area is locked. Please wait for a member of the Water Wizards team to unlock it to allow access. This also applies to the changing room gates. For safety, these are only opened when a member of the Water Wizards team is on poolside.

Please remember to:

- Inform a member of staff of any changes in your swimmer's health.
- **Not feed your swimmer at least 1 hour prior to their swimming lesson (if your swimmer is sick in the pool, it may result in ALL lessons being cancelled for several days).**
- Deliver and collect your swimmer punctually to and from swimming lessons.
- Ensure you do not use inappropriate language within the swimming school environment.
- Behave responsibly as a spectator and treat swimmers, teachers, and other Parents/Guardians with due respect.
- Do not use mobile phones, tablets, laptops, cameras or any other such devices while attending swimming lessons with Water Wizards Swim School, we have a NO Photograph/video policy.



## WATER WIZARDS SWIM SCHOOL LTD GENERAL TERMS AND CONDITIONS

This agreement supersedes any other version prior to February 2026.

### (A) Acceptance of Terms and Conditions

All Parents/Guardians, swimmers and other visitors to Water Wizards Swim Schools swimming lessons must read and adhere to these general terms and conditions and any other pool specific rules. Individual pools will have their own rules of attendance and must be read and accepted in addition to these.

**By booking or attending swimming lessons with Water Wizards Swim School, you acknowledge and accept these Terms and Conditions as part of your contract with us.**

Water Wizards Swim School reserves the right to update these Terms and Conditions. Any changes will be published on our website and will take effect 7 days after notification. We will notify you via email or other appropriate means. **Your continued attendance at lessons after this period constitutes acceptance of the updated terms.**

### (B) Enrolment & re-enrolment

- Spaces are limited and allocated on a first-come, first-served basis.
- Enrolment is only confirmed once full payment has been received via BACS/direct deposit. We do not accept cash.
- Existing members have priority during re-enrolment, but if payment is not received by the due date, the space may be offered to those on the waiting list.
- Water Wizards Swim School will make every effort to allocate preferred time slots but cannot guarantee availability.

### (C) Pool facility

1. To prevent overcrowding and to comply with the school's fire procedures, we can **only admit one adult per swimmer** into the pool facility with a maximum total of **two adults if you have 2 or more swimmers** attending lessons. We do not allow standing or overcrowding of the spectator area/corridor.
2. Familiarise yourself with any safety notices, rules, and fire procedures (including fire escapes) on your first visit to any pool.
3. We ask that you do not enter the school main site until 10 minutes **before** your swimmer's lesson. One of our team members will invite you into the pool building approximately 5 minutes before the start of your swimmer's lesson. You must leave the facility no later than 10 minutes after your swimmer's lesson has ended.
4. Parents/Guardians are responsible for the safety and supervision of any children they bring at all times inside and outside the pool building, before and after their lessons. **Water Wizards Swim School can only be responsible for children during their swimming lesson and Parents/Guardians are responsible at all other times.**
5. Late swimmers will not be admitted if they arrive more than 10 minutes after the start of their lesson.
6. Unfortunately, due to limited space no prams/pushchairs/bikes or scooters etc are allowed within the pool building including the corridor, changing areas or poolside.



7. Please consider that seating on poolside is **extremely limited** and standing/waiting in the corridor is not permitted. Seating is allocated on a first come, first served basis. To prevent overcrowding, 5 minutes before your swimmer's lesson finishes, you will be asked to leave the spectator area.
8. Spectators must sit quietly on the poolside spectator area and remain seated behind the barrier. Parents/Guardians are not permitted to walk on poolside unless directly invited by a member of the Water Wizards team.
9. Only swimmers participating in swimming lessons are permitted to be on poolside and no swimmer should be there without a member of Water Wizards Swim School team being already present.
10. If you are dropping off a swimmer and not spectating (Stages 3-10) please remain in your car or leave the school site until 5 minutes before the end of your swimmer's lesson. **Please be ready to collect your swimmer at the pool front door.**
11. The entire school site is off limits so please stay within the confines of the area outside the swimming pool.
12. **Everyone must remove outdoor footwear before entering the changing rooms.** You are welcome to bring clean indoor flip-flops/sliders/over shoes or any other **non-slip** suitable footwear to change into after removing your outdoor shoes.
13. Parents/Guardians must not enter the changing rooms unless their swimmer is a **red hat or under the age of 8 years or needs parental help getting changed or has been arranged with us previously.** Any swimmer younger than 8 accompanied by a Parent/Guardian should use the changing room which would apply to the adult – e.g. a father helping his 6-year-old daughter would need to use the boys' changing room and a mother helping her 5-year-old son would need to use the girls changing room.
14. **Swimmers need to shower/rinse off at the pool before lessons.** This helps to maintain the water quality by removing any dirt, oils, sweat, hair etc and reduces chlorine use. Showers are for a **quick rinse only** and are not designed for a full shower. Please do not bring shampoo/conditioner or shower gel etc.
15. Swimmers over the age of 8 should get changed independently unless specific help is required by a Parent/Guardian **and arranged in advance via email.**
16. Parents/Guardians supervising their swimmer in the changing rooms are solely responsible for the swimmer they bring before and after their swimming lesson. If any Parent/Guardian is concerned about the welfare or behaviour of any other person in the changing room (swimmer or adult) they should immediately tell a member of the Water Wizards' Swim School team and not attempt to deal with it themselves.
17. Parents/Guardians are responsible for ensuring all belongings are safe and secure while your swimmer swims. Water Wizards Swim School will not accept any liability for articles lost, damaged or stolen.
18. Any property that is left behind will be kept for 3 weeks, after that time all unclaimed property will be given to a charity or disposed of.
19. Glass bottles and food are not permitted in the pool building.
20. Smoking/vaping is strictly forbidden at any time anywhere on the school grounds.
21. Please familiarise yourself with the whistle code:
  - **One short blast – teacher getting the attention of a swimmer/spectator.**
  - **Three short blasts – teacher entering water to carry out emergency rescue.**
  - **One long blast – Clear the pool.**
22. Water Wizards Swim School reserves the right to change, merge or cancel a course at any time.

#### **(D) Parents/Guardians**

1. We ask that you do not distract teachers or swimmers during lessons. Teachers will help swimmers who need assistance unless they need a Parents/Guardians help in which case, the teacher will clearly signal you over. Spectators must not try to instruct or communicate with swimmers as it distracts both the teacher and the swimmer.



1. **Under no circumstances should Parents/Guardians approach instructors while teaching unless it is an emergency.** We understand you may have queries and we encourage good communication; however, it must be done at an appropriate time. Teachers are responsible for the safety of children in their classes and are constantly monitoring and lifeguarding their class. **They will not be able to talk to you whilst teaching.**
2. **Please do not use mobile phones, tablets, laptops, cameras or any other such devices while attending swimming lessons with Water Wizards Swim School.** To safeguard your swimmer, we have a no photograph/video policy and will challenge anyone using such devices.
3. **Mobile phones are BANNED in the spectator area, corridors and changing rooms.** If we see you using your mobile, you will be challenged. This is in place to Safeguard your swimmers by preventing inappropriate photography and ensuring their privacy. **Repeated violations will lead to permanent exclusion from the facility, potentially including the cancellation of your swimmer's lessons so please turn off or leave phones safely elsewhere.** In serious cases, we reserve the right to take further action, including referring concerns to safeguarding authorities.
4. We adopt a **ZERO TOLERANCE** approach to violence and aggression and will terminate the membership of anyone found to be acting as such. Aggressive and violent behaviour is any personal, threatening, or abusive language (cursing or swearing), gestures (including sexual), physical contact, derogatory sexual or racial remarks, shouting at any persons in an intimidating manor or applying force to another person, to any swim school property or the property of any persons.
5. In extreme cases should a Parent/Guardian, swimmer, or spectator disregard (or their actions are considered serious enough) Water Wizards Swim Schools code of conduct, rules or Terms and Conditions the Director reserves the right to **immediately terminate membership without refund** for serious violations.
6. In all cases the decision of the Director is final.
7. Please keep your contact details up to date. We take your privacy seriously and comply with UK GDPR regulations. We only collect and store personal information necessary for enrolment, lesson administration, and safeguarding. Health information (e.g., medical conditions relevant to swimming) will only be processed with your explicit consent and stored securely. You have the right to access, correct, or request the deletion of your personal data at any time. Full details are available in our Privacy Policy here: [swimwithwaterwizards.co.uk/privacy-policy](http://swimwithwaterwizards.co.uk/privacy-policy).

#### **(E) Swimmers**

1. Do not give your swimmer(s) food **1 hour** before swimming as this could result in them suffering cramp and sickness in the pool.
2. To reduce time spent in the changing rooms, Stage 3-10 swimmers will need to arrive “beach ready” with swimwear under easy to remove clothing on poolside.
3. Please ensure your swimmer has appropriate swimwear. Long, baggy shorts with pockets are not permitted to be worn as they restrict the kick movement. Boys should wear tight shorts/jammers, or an all-in-one swimsuit and girls should wear costumes that are tight-fitting one-piece suits with no “skirts”.
4. Swimmers participating in swimming lessons must wear the appropriately coloured logoed swimming hat for that class. Swimmers who do not have a hat will be requested to purchase another one. If your swimmer forgets their hat or needs to borrow one two weeks in a row, you will be required to purchase a new hat.
5. Whilst your swimmer is participating in swimming lessons, no jewellery or watches are to be worn. Ears that are newly pierced and medical bracelets are the only exceptions to this rule.
6. Swimmers exiting lessons will be given a 10-minute window to briefly dry, dress and leave the facility.
7. Swimmers will not be permitted to leave until a member of our team can verify your identity so, please be ready to collect promptly after the lesson finishes.
8. We welcome swimmers with additional needs and aim to provide an inclusive environment. Where possible, we will integrate swimmers into regular classes. If your swimmer requires additional support, please contact us before enrolment so we can discuss reasonable adjustments. While our instructors are not specialist SEND teachers, we will make every effort to accommodate individual needs where feasible.

9. We may remove a swimmer from lessons if their behaviour is disruptive, breaks our code of conduct, creates a safety risk or if the swimmer cannot follow safety instruction in a group environment.

#### **(F) Safeguarding**

1. Water Wizards Swim School recognises the responsibility for safeguarding children belongs to ALL those who work directly with or have responsibility for children at Water Wizards Swim School. We are committed to providing an environment in which all children and young people participating in activities have a safe and positive experience. To achieve this, we have adopted and implemented the policies and procedures in "Wavepower" (Swim England's child safeguarding policies and procedures publication) in full. The policies are available for all members to view at any time on our website: [swimwithwaterwizards.co.uk/safeguarding](http://swimwithwaterwizards.co.uk/safeguarding).
2. It has come to the attention of Swim England that persons unconnected to the sport have been taking photos and videos of swimmers for illicit use. Although Parents/Guardians may use these devices in good faith, the law protects children from the possibility of illicit images and video being taken and we ask that all such devices be switched off before entering the pool building. **Please do not use mobile phones, tablets, laptops, cameras or any other such devices while attending swimming lessons with Water Wizards Swim School.** To safeguard your children, we have a no photograph/video policy and will challenge anyone using such devices **for any reason**.
3. Our Welfare Officer (contactable on [welfare@swimwithwaterwizards.com](mailto:welfare@swimwithwaterwizards.com)) will take the lead **independently** in dealing with all safeguarding matters and has the authority to contact members directly if necessary and can implement sanctions up to and including termination of membership.

#### **(G) Sickness and absence**

1. Please inform us of any health problems appropriate to swimming (such as asthma) at the time of enrolment or as and when they arise. You are responsible for ensuring your swimmer is fit and healthy to attend classes. Any medication required during the lesson should be made available on the poolside.
2. Do not bring your swimmer to lessons if they have any illness such as an ear infection, diarrhoea, vomiting, chicken pox, impetigo, conjunctivitis, or a bad cold/flu/viral infection etc. Please wait until your doctor has given the all-clear before returning to classes.
3. In the instance of sickness and/or diarrhoea your swimmer must have been clear of all symptoms for at least 48 hours before attending lessons. **If in doubt, seek medical advice.**

#### **(H) Refunds and Cancellation Policy**

1. Water Wizards Swim School does not offer refunds, discounts or make-up lessons for missed classes due to holidays, illness, withdrawal or other absences. However, in the case of a serious medical condition that prevents further attendance, we may issue a refund at our discretion. A medical certificate may be required.
2. We regret that we are unable to offer an alternative swim date for missed lessons.
3. If any swimmer withdraws from a course after being accepted, monetary refunds will not be given unless withdrawal is for a serious medical reason, where a doctor's note may be required. All requests for cancellations or refund due to a serious medical reason need to be made via email.
4. All refunds are subject to a 15% administration fee.
5. If your swimmer is absent for more than 3 weeks without informing us, you will lose your place, and no refund will be issued.

#### **(I) Pool closure**

1. In the event of a pool closure, lockdown, or lesson cancellation in the first instance we will offer you an alternative swim date (subject to availability) within a reasonable timeframe of the current swim term. Only if this isn't possible, you will be offered a non-transferable credit (to be used towards the next available enrolment only) in lieu of payment or a lesson at an alternative swim venue (subject to availability). **No monetary refunds will be given in any circumstances.**
2. In instances where a swimmer is not returning to our classes for a further lesson, they will be afforded a substitute lesson only and will not receive a monetary refund. Our liability for any such

cancellation or closure shall be limited to this substitute lesson or non-transferable credit note, and we shall not be liable for any losses of any kind incurred by you because of such closure or cancellation.

3. If you do not accept the substitute lesson, do not wish to use the non-transferable credit **for the next available enrolment** or despite all reasonable efforts upon request we cannot find a future suitable lesson, we are not obliged to provide a refund, and any non-transferable credit will expire.
4. If we have advanced notice, every effort will be made to make you aware of pool closure by email, text message or social media but it is **your responsibility to check lessons are going ahead** as planned for each session.

#### **(J) Issues of Liability**

1. We do not exclude or limit liability where it would be unlawful to do so, including liability for death or personal injury caused by our negligence.
2. Parents/Guardians are responsible for their child's behaviour before, during, and after lessons. However, Water Wizards Swim School will take reasonable steps to ensure a safe environment and will be liable for any loss or injury caused by our negligence.
3. We are responsible to you for foreseeable loss and damage caused by us but only to the extent of the value of the contract that you have with us. If we fail to comply with these Terms, we are responsible for loss or damage you suffer that is a foreseeable result of our breaking this contract or our failing to use reasonable care and skill, but we are not responsible for any loss or damage that is not foreseeable.
4. In the absence of any proven negligence, lack of due diligence or breach of duty by us, the participation of you, or your swimmer, and any other people whom you invite or whose care you have placed your swimmer in for the purposes of attending or observing our swimming sessions, is done so entirely at your and their own risk. Any incident must be reported to Water Wizards Swim School immediately.
5. If you, other people whom you invite, or your swimmer causes harm, damage, loss or injury to any other person or property, you agree to indemnify us and reimburse us for all claims, losses, damages, expenses (including legal fees), and any other liability suffered by us because of such harm, damage, loss, or injury.
6. We shall not be liable for any loss, theft, or damage of your, other people whom you invite, or your swimmers' personal possessions left by you on the property (including without limitation in the changing rooms, poolside, toilets and in the car park). This is done so at entirely your own risk. Cars parked in the car parking areas are left entirely at the owner's risk.

#### **Contact Information**

For any enquiries regarding these Terms and Conditions, please contact:

**Email:** [zoe@swimwithwaterwizards.com](mailto:zoe@swimwithwaterwizards.com)

**Website:** [www.swimwithwaterwizards.co.uk](http://www.swimwithwaterwizards.co.uk)

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